Have you heard about **CatholicSG Radio**? This is our very own Catholic online internet streaming platform for our Archdiocese. This app delivers talkshows, reflections, prayers, music, podcasts, programmes from other language communities and more - 24 hours, 7 days a week! For more information, visit radio.catholic.sg to listen to our live stream. Download the app now using these QR Codes – or search with the terms 'CatholicSG Radio' on both Google's Play and Apple's App Stores.

Caritas Singapore's Talks @Agape Village on Parenting Essentials

Hear 1. What Christian Parents (really) Need, and 2. What a Child (really) Needs with speakers Rev Fr Henry Siew and Ms Josephine Loh (Morning Star Community Services). Fr Henry will speak developing essential parenting qualities by giving priority to spiritual values, while Ms Loh will share the key elements of communications, and how to apply problem solving steps to help your children cope with stress. 12 July 2019 (Fri), 7.30pm – 9.30pm at Caritas Singapore-Agape Village, 7A Lorong 8 Toa Payoh. Email agapevillage@caritas-singapore.org to register.

Personal Moral Compass Course 2019 - 'Ethics of Love, Sex and Marriage' - Fr David Garcia, OP. The Personal Moral Compass Course is for all Catholics and all people of goodwill interested in formation in the foundations of Ethics and Moral Theology. It is a one-year systematic course in Moral Theology consisting of 6 individual modules. This course is organised by Caritas Singapore. Starting on 12 July 2019 for 7 Sessions. The course will be held weekly on Fridays, 7:30pm to 9:30pm, in Catholic Centre, 55 Waterloo Street.

Hey Catholics! Go Out Into The Whole World!

6 July 2019. 1.30pm - 3pm. PSB Academy @ Marina Sq, 6 Raffles Blvd.
Pope Francis announced the Extraordinary Missionary Month October 2019 to celebrate the 100th anniversary of Pope Benedict XV's Apostolic Letter Maximum Illud - a document that touches on reinvigorating the sense of responsibility for proclaiming the Gospel with new enthusiasm. On 6 July, Rev Fr Kenson Koh will touch on the significance of Maximum Illud for today's Catholics. To register visit: www.one.org.sg/events

Into the Cave' - The Spirituality of Rest. For young adults (aged 18 to 35 years) to reflect on the social teachings on rest and recreation. The session be held on 18 July 2019 (Thu), 7.30pm to 9.30pm at Catholic Centre, 55 Waterloo Street. www.caritas-singapore.org

food for thought



Whatever the Father has is mine. The Spirit of truth will auide us.

This week we return to the liturgical season of Ordinary Time. This Sunday and next Sunday, however, are designated as solemnities, special days that call our attention to central mysteries of our faith. Today, on the first Sunday after Pentecost, we celebrate the Solemnity of the Most Holy Trinity. This feast invites us to consider what we believe about God, who has revealed himself to us in the Trinity—one God in three persons.

The verses of today's Gospel come near the end of Jesus' long discourse at the Last Supper. In the early part of this discourse, as we saw last week on Pentecost, Jesus offers assurances to the disciples. Even though he must leave the disciples, he tells them that they will have a future because of the help he will send them in the Holy Spirit. In this section he focuses more on the shape of the future, which will include Jesus' victory over the world that they will share in. The disciples of Jesus cannot know the future. They can only know that, whatever shape the future takes, they will not have to face it alone. They have the Spirit of Truth, who will continue to provide the teaching of Jesus in the future.

Reading this passage on Trinity Sunday reinforces our understanding of the unity shared by the members of the Trinity. Although the idea of one God in three persons remains a mystery, we have the assurance that, as Jesus and the Father share all, Jesus and the Spirit share all.

Church of Our Lady of Lourdes

50 Ophir Road, Singapore 188690 Tel: 6294 0624 www.lourdes.sg

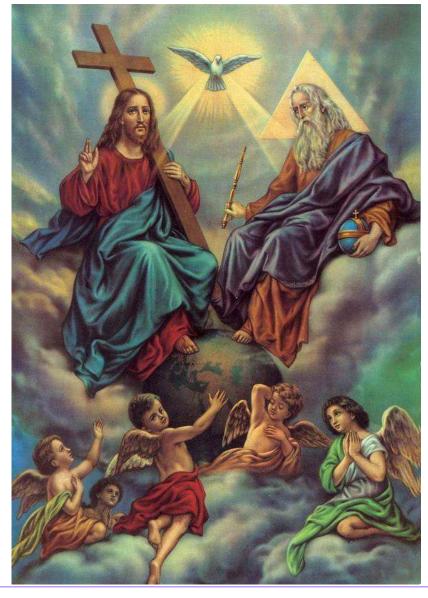
Parish Priest: Rev Fr Michael Sitaram
Email: frmichaelsitaram@gmail.com

Asst. Parish Priest: Rev Fr Nithiya Sagayaraj Email: nithiya@catholic.org.sg Asst. Parish Priest: Rev Fr Paul Yeo Email: fryeopaul@gmail.com Parish Secretariat: ololsec@gmail.com and ololpastoral@gmail.com

16 JUN 2019

THE MOST HOLY TRINITY

YEAR C





Sunday (Tamil)

Public Holiday

Filipino

Infant Baptism

First reading Responsorial Psalm Second reading Gospel

Sunday Readings

Proverbs 8:22-31 Psalm 8:4-9 Romans 5:1-5 John 16:12-15

Mass Schedule @ Church of Our Lady of Lourdes

12:30pm and 6:30pm Weekdays (English) Saturday (Sunset - English) 6:00pm and 7:30pm Sunday (English)

7:30am, 11:30am and 1.00pm

9:30am and 6:30pm

9:00am (English) 10:00am (Tamil)

Parish Activities

English	- Our Lady of Lourdes Novena (Saturday)	5:15pm
-	- Rosary Recitation (Weekdays)	11.55am
1	Monday and Wednesday	5.55pm (Sunday @ 10.55am)
į	- Holy Hour with Benediction (1st Friday)	7.00pm
i	- Sacred Heart Devotion (Friday)	7.00pm
I I	- Divine Mercy (Tuesday)	5:45pm
1	- Legion of Mary (Tuesdays)	7.30pm
į	- Infant Jesus (Thursday)	5:45pm
	- Charismatic (Friday)	7.45pm
I I	- Divine Mercy (Saturday)	3.00pm
1	- Legion of Mary (Sundays)	9.45am
Tamil	- Infant Jesus (Tuesday)	4:30pm
	- Divine Mercy (Friday)	5:45pm
i	- OLPS Novena (Every Saturday)	8:30pm
1	- Rosary and OLOL Devotion (Sunday)	8:30am
1	- All Night Vigil (2nd Saturday)	9.30pm to 5.30am
Indonesian - Karismatik Katolik Indonesia Holy Spirit (Thursday) 2.		2.30pm
	KKIHS Youth Group (2nd and 4th Friday)	7.30pm
1	Mass in Indonesian (1st Sunday)	3.30pm

Important Parish Information

Wedding Arrangements Church Wedding bookings must be made in advance.

Please contact the Secretariat. Register at the Parish Office.

Please provide photocopy of church marriage certificate of parents, birth certificate of infant and confirmation certificate

7.30pm

of Godparents.

- Light of Jesus Bible Sharing (Monday)

Please drop your Mass intention into the Box located outside the Parish **Mass Intentions**

Office **by** 7**pm on Friday** for the following week's intentions.

Lourdes Prayer Hall For bookings contact the Parish Office at 6294 0624

Anointing Make an appointment with a priest before planned admission to hospital.

Holy Communion for the

Homebound Register with the Parish Office.

Kindly be aware of people who profess to pray over others in the Parish Grounds, and/or in your homes for the purpose of soliciting funds without the approval of the Archdiocese and Priests of the Parish.

The restoration of Our Lady of Lourdes parish will begin in July 2019. Cheque donations can be made in favour of 'Church of Our Lady of Lourdes' with 'Building Fund' written on the back. Please give generously!



The Church of Our Lady of Lourdes would like to wish Fr Michael Sitaram, Fr Paul Yeo, Fr Nithiya Sagayaraj and all fathers a Happy and Blessed Father's Day!

Rite of Christian Initiation of Adults (RCIA)

We will be starting a new RCIA process on *Tuesday 25 June 2019 at* **7.30pm.** We welcome non Catholics to find out more about our faith and baptised Catholics to be part of our team as a sponsor and to journey together with the inquirers. If you are interested, please register via email at ololsec@gmail.com or at the parish office. Training for Sponsors will be held



on the 23 June 2019 at 2.30pm.

Church Cleaning

Date: Sunday, 16th June 2019 Time: 2.30pm Church will be closed for cleaning from 2.30pm to 4.00pm All are welcome to help! Registration is not required.

Divine Mercy @ Church of Our Lady of Lourdes

"Once after Holu Communion. I heard these words: You are our dwelling place. At that moment I felt in my soul the presence of the Holy Trinity, the Father, the Son, and the Holy Spirit. I felt that I was the Temple of God. I felt that I was a child of the Father. I cannot explain all this, but the Spirit understands this well". (Diary 451).

Please kindly be informed that the Batam-Galang pilgrimage from 5-7 July 2019 is now FULL! We have currently participants on the waiting list which we envisaged to activate a second bus. Please contact 96782018 for more info. Thank you for your loving support to the parish Church.

The **Rosary Apostolate** from the Church of Our Lady of Lourdes - presents

A 5Day/4Night Pilgrimage cum Retreat to the following Churches in West Malaysia:

-Church of Our Lady of Lourdes: Ipoh -St. Joseph's Church: Batu Gajah, Perak

-Church of Our Mother of Perpetual Help: Ipoh

Retreat Theme: Journey into the woods - Dialogue with God: In the light of the messages of the

Marian Apparitions in Lourdes and Fatima.

Dates: Wednesday, 16th Oct 2019 – Sunday, 20th Oct 2019

Invited speakers: Rev Frs Victor Emmanuel & Augustine Joseph (Fr AJ). Registration forms and itinerary are available at the bulletin stands. For further enquiries or reservation, please contact: Vincent 9199 6714, vincent@pma.com.sg or Carol 9880 850, carol_nas2004@yahoo.com

GIFT

This weekend, there will be a second collection for the GIFT (Giving in Faith & Thankfulness) campaign to build a more vibrant, evangelistic and missionary Church. GIRO forms, cheques or cash can be sealed into GIFT envelopes and dropped into the collection bags that will go around. Spare GIFT envelopes are available in the church pews, and at the parish office. Please give generously for the vision of the archdiocese. More info is available at gift.catholicfoundation.sg

Entering university this year but unsure of where to meet fellow Catholic students? Well, come on down to this year's Kickstart, an overnight Combined University Freshmen Gathering on 23-24 June, where you'll definitely get the chance to do so! The Office for Young People invites students who are entering NUS, NTU, SMU, SIM, JCU, SUTD, SIT, Yale-NUS, or other local and overseas universities for a time of worship, fellowship, encounter and more! Sat 22 Jun 2019, 10am to Sun 23 Jun 2019, 6pm. Office for Young People, 2 Lorong Low Koon, SG 536449. Cost: \$10. So what are you waiting for? Take a leap of faith and Kickstart your univer-

sity life by signing up at: http://ovp.org.sg/kickstart2019. Queries: ryan.ovp@catholic.org.sg