

### GRIEVING: A WAY TO HEALING

This retreat will offer ways of dealing with unfinished business of the past, to discover the grace coming from past hurts. Participants learn how healing comes through grieving and saying goodbye to these experiences of the past. By Sr. Mel Benedictos & team.

Date & Time: 17 May 8pm - 19 May 1 pm Venue: Choice Retreat House, 47 Jurong West St 42  
Contribution: \$250 Please register at [www.cenaclemission.com](http://www.cenaclemission.com)

**AbBA: Abundant and Better Life Abroad** a 4-part values formation series organised by the Archdiocesan Commission for Migrants and Itinerants (ACMI) and Couples for Christ (CFC), for Foreign Domestic Workers (FDWs) to discover their true self-worth, and hopefully lead to personal development and better work performance. The series will run on 5, 12, 26 May and 2 June from 1:30 pm to 3:30 pm at Agape Village 7A Toa Payoh Lorong 8. To register: <http://bit.ly/AbBA2019> or call Daniel Yeo at 8600 3584

### LAUGH YOUR WAY TO A BETTER MARRIAGE

All couples are invited to improve your marriage in a light-hearted yet impactful workshop by Phil Gungor, a renowned international speaker from the US. REKINDLE and RECHARGE the LOVE, JOY and PASSION in your marriage through laughter. 24-25 May or 25-26 May @ \$100 per couple. Register online at [philgungor.peatix.com](http://philgungor.peatix.com) or call 6488 0278.

## food for thought

*Thomas believes because he sees Jesus.*

Today's reading, from the Gospel of John, is proclaimed on the second Sunday of Easter in each of the three Sunday Lectionary cycles. This should alert us to the significance of the encounters with the resurrected Jesus described in this reading. This Gospel combines two scenes: Jesus' appearance to his disciples after his Resurrection and Jesus' dialogue with Thomas, the disciple who doubted.

Part of the mystery of Jesus' Resurrection is that he appeared to his disciples not as a spirit but in bodily form. We do not know exactly what this form was like. Earlier in John's Gospel, when Mary of Magdala first encountered the risen Jesus, she did not recognize the figure standing before her until Jesus spoke her. In Luke's Gospel, the disciples walking on the road to Emmaus did not recognize Jesus until he broke bread with them. We know from readings such as today's that in his resurrected body, Jesus was no longer bound by space; he appeared to the disciples in spite of the locked door. And yet, on this resurrected body, the disciples could still observe the marks of his Crucifixion.

In today's Gospel, Jesus greets his disciples with the gift of peace and the gift of the Holy Spirit. Jesus also commissions his disciples to continue the work that he has begun. As Jesus was sent by God, so too does Jesus send his disciples. This continuity with Jesus' own mission is an essential element of the Church. Jesus grants the means to accomplish this mission when he gives his disciples the gift of the Holy Spirit. The Holy Spirit binds us together as a community of faith and strengthens us to bear witness to Jesus' Resurrection.

Jesus' words to his disciples also highlight the integral connection between the forgiveness of sins and the gift of the Holy Spirit. Forgiveness and reconciliation are gifts to us from Jesus. With the grace of the Holy Spirit, we can share these with others. This is another essential aspect of what it means to be Christ's Church. The Church continues Jesus' ministry of forgiveness and reconciliation.

Thomas, the disciple who doubts, represents the reality of the Church that comes after this first community of disciples. All but the first disciples of Jesus must believe without seeing. Like Thomas, we may doubt the news that Jesus, who was crucified and buried, appeared to his disciples. It is part of our human nature to seek hard evidence that the Jesus who appeared to the disciples after his death is, indeed, the same Jesus who was crucified. Thomas is given the opportunity to be our representative who obtains this evidence. He gives witness to us that the Jesus who was raised is the same Jesus who had died. Through the gift of the Holy Spirit, we are among those who are blessed for we have not seen and yet have believed.

## Church of Our Lady of Lourdes

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28 APR 2019

DIVINE MERCY SUNDAY

YEAR C



*Touch and Taste the Mercy of God*



### Sunday Readings

First reading Acts 5:12-16  
 Responsorial Psalm Psalm 117:2-4,22-27  
 Second reading Apocalypse 1:9-13,17-19  
 Gospel John 20:19-31



The Feast of The Divine Mercy, Sunday, 28 April 2019

Divine Mercy Chaplet at Church of Our Lady of Lourdes  
 at 10:45am-11:15am.  
 All are Welcome!

### Mass Schedule @ Church of Our Lady of Lourdes

Weekdays (English) 12:30pm and 6:30pm  
 Saturday (Sunset - English) 6:00pm and 7:30pm  
 Sunday (English) 7:30am, 11:30am and 1.00pm  
 Sunday (Tamil) 9:30am and 6:30pm  
 Public Holiday 9:00am (English) 10:00am (Tamil)

**Church Cleaning**  
 Date : Sunday, 28th April 2019. Time : 2.30pm  
 Church will be closed for cleaning from 2.30pm to 4.00pm  
 All are welcome to help! Registration is not required.



### Parish Activities

**English**

- Our Lady of Lourdes Novena (Saturday) 5:15pm
- Rosary Recitation (Weekdays) 11.55am
- Monday and Wednesday 5.55pm (Sunday @ 10.55am)
- Holy Hour with Benediction (1st Friday) 7.00pm
- Sacred Heart Devotion (Friday) 7.00pm
- Divine Mercy (Tuesday) 5:45pm
- Legion of Mary (Tuesdays) 7.30pm
- Infant Jesus (Thursday) 5:45pm
- Charismatic (Friday) 7.45pm
- Divine Mercy (Saturday) 3.00pm
- Legion of Mary (Sundays) 9.45am

**Tamil**

- Infant Jesus (Tuesday) 4:30pm
- Divine Mercy (Friday) 5:45pm
- OLPS Novena (Every Saturday) 8:30pm
- Rosary and OLOL Devotion (Sunday) 8:30am
- All Night Vigil (2nd Saturday) 9.30pm to 5.30am

**Indonesian**

- Karismatik Katolik Indonesia Holy Spirit (Thursday) 2.30pm
- KKIHS Youth Group (2nd and 4th Friday) 7.30pm
- Mass in Indonesian (1st Sunday) 3.30pm

**Filipino**

- Light of Jesus Bible Sharing (Monday) 7.30pm

### Holy Hour



"A Holy Hour of adoration before the Most Blessed Sacrament opens up the floodgates of God's merciful Love upon the world." - St. Mother Teresa of Calcutta

**Come and spend some time with the Lord in the Blessed Sacrament every First Friday of the Month. 3rd May 2019 @ 7pm AFTER 6.30pm Mass.**

### Public Holiday Mass Times

Date : Wednesday, 1st May 2019  
 Time : 9.00am in English  
 10.00am in Tamil

\*Parish office will be closed. \*Main Entrance Gates will close at 12 noon.



This weekend, there will be a second collection for the **GIFT** (Giving in Faith & Thankfulness) campaign to build a more vibrant, evangelistic and missionary Church. Your contributions have helped complete the Bethany East Clergy Residence. The video celebrating the completion of this residence is available at: <http://bit.ly/2Zfqxxh>. Your continued support for GIFT will go towards supporting the medical and welfare needs for our priests. Please give generously. More info is available at [gift.catholicfoundation.sg](http://gift.catholicfoundation.sg)

### Cancer Support Group

Date: 6 May 2019 (Mon) Venue: Main Church Hall @ Holy Family Church. 7.30 pm - 9.45 pm. Perfect Joy... a realization. A personal sharing of JENNIFER YEO's encounter with God. To be followed by Eucharistic Adoration. For more details, please contact Helen @ 98389767 or Nicholas @ 96780595.

### Charities Week 2019

The season of Lent is the time when the Church conducts its annual Archdiocesan fundraising campaign – Charities Week 2019. Your donation will provide much needed funding to support Caritas Singapore family to serve diverse and marginalised groups including low-income families, youths-at-risk, the incarcerated, people with physical disabilities, and also people with mental health problems. Please pick up an appeal envelope and give generously. It will enable our Catholic charities to further their cause and do more to help our less fortunate brothers and sisters in need." All Donations are eligible for 250% Tax Deduction.

### A VOCATION RECOLLECTION

What will I do with my life? Is this all there is to life? Does God have a plan for me? These are a few of the most common questions that young people ask. This weekend will teach them how to pray and discern the questions that unfold their life purpose. It will also offer them a glimpse of one life option, which is religious life in the Cenacle, by providing them with information and experiences about the life of a Cenacle Sister. (Open only to single women aged 19-33 years old). By Cenacle sisters. Date & Time: 11 May 9am - 12 May 1pm Venue: Choice Retreat House, 47 Jurong West St 42. Contribution: Love Offering Please register at [www.cenaclemission.com](http://www.cenaclemission.com)

### Important Parish Information

**Wedding Arrangements** Church Wedding bookings must be made in advance. Please contact the Secretariat.

**Infant Baptism** Register at the Parish Office.  
**Please provide photocopy of church marriage certificate of parents, birth certificate of infant and confirmation certificate of Godparents.**

**Mass Intentions** Please drop your Mass intention into the Box located outside the Parish Office **by 7pm on Friday** for the following week's intentions.

**Lourdes Prayer Hall** For bookings contact the Parish Office at 6294 0624

**Anointing** Make an appointment with a priest before planned admission to hospital.

**Holy Communion for the Homebound** Register with the Parish Office.

Kindly be aware of people who profess to pray over others in the Parish Grounds, and/or in your homes for the purpose of soliciting funds without the approval of the Archdiocese and Priests of the Parish.

**The restoration of Our Lady of Lourdes parish will begin in July 2019. Cheque donations can be made in favour of 'Church of Our Lady of Lourdes' with 'Building Fund' written on the back. Please give generously!**