

### How can Catholics find healing and peace after their marital relationship breaks down?

Surviving Divorce is a programme created to bring hope and healing to those who have experienced the pain and loneliness of a broken marriage. It is for the newly separated and divorced and those still struggling with issues many years later. This is an ACF initiative to support separated and divorced Catholics.. We are starting another run shortly. Details are as follows:

Dates: Every Monday night from 5th March to 28th May 2018 Time: 7.30pm – 9.30pm

Venue: Catholic Archdiocesan Education Centre, 2 Highland Road, Singapore 549102

Contribution: \$120

Enquiries: 97804456 (Joann) or 93836868 (Jileen) Email: cdsg@acf.org.sg

Register: <http://catholicfamily.org.sg/sd/>

### Clarity's Lighting the Way Introductory Workshop.

24 Mar, 10.30am – 12.30pm. Agape Village.

This workshop is for individuals that have direct or indirect experiences with friends or loved ones who may be suffering from depression but have difficulty getting them to seek help. Fees \$15. To Register, W: <https://tinyurl.com/LTW24Mar> or T: 6757 7990.

## food for thought

*Jesus cures Simon's mother-in-law and many others as well.*



Today we continue to read from Mark's Gospel, learning more about the ministry of Jesus. Jesus cured Simon's mother-in-law, and she immediately began to serve Jesus and his disciples. Jesus also cured many others who were brought to him, healing their illnesses and driving out demons. As we will see throughout Mark's Gospel, Jesus did not permit the demons to speak because they knew his identity and would have revealed it to those who were present.

On the morning after this busy day, Jesus retreated in prayer, but was pursued by Simon and others who brought news that many people were looking for him. At this point in Mark's Gospel, we begin to see a distinct role for the inner circle of Jesus' disciples—they act as intermediaries between Jesus and the people. Jesus reports to his disciples that they need to leave Capernaum to preach in other places.

Today's Gospel completes a picture of Jesus' ministry: preaching, curing the sick, driving out demons, and then moving on to

continue this work in another place. Mark's Gospel tells us that Jesus did this throughout Galilee.

Jesus' compassion and healing of the sick is a sign of the Kingdom of God. The Church continues to extend Christ's healing presence to others in its ministry to the sick. In the Sacrament of the Anointing of the Sick, the Church prays for spiritual and physical healing, forgiveness of sins, and comfort for those who are suffering from illness.

In today's Gospel we also notice the importance of prayer in Jesus' daily life. Jesus rose early in the morning, removed himself from the crowds, and went to a deserted place to pray. When the disciples found him, he told them that it was time to move on. We believe that in his prayers Jesus found guidance and direction from God. We also bring our decision-making to God in prayer, asking for his guidance and direction in our lives. Following the example of Jesus, we also pray together with our community, and we take the time to pray alone. Our children observe our prayer with others. We might want to take the opportunity to talk with them about our private prayer, however, so that through our example, they may learn to make private prayer an important part of their daily lives.

## Church of Our Lady of Lourdes

50 Ophir Road, Singapore 188690 Tel: 6294 0624  
[www.lourdes.sg](http://www.lourdes.sg)

Parish Priest: Rev Fr Michael Sitaram

Email: [frmichaelsitaram@gmail.com](mailto:frmichaelsitaram@gmail.com)

Asst. Parish Priest: Rev Fr Nithiya Sagayaraj

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4 FEB 2018

5TH SUNDAY IN ORDINARY TIME

YEAR B





## Sunday Readings

First reading  
 Responsorial Psalm  
 Second reading  
 Gospel

Job 7:1-4,6-7  
 Psalm 146:1-6  
 1 Corinthians 9:16-19,22-23  
 Mark 1:29-39

## Mass Schedule @ Church of Our Lady of Lourdes

Weekdays (English)	12:30pm & 6:30pm
1st Friday	7:30pm
Sat (Sunset - English)	6:00pm & 7:30pm
Sunday (English)	7:30am, 11:30am & 1.00pm
Sunday (Tamil)	9:30am & 6:30pm
Public Holiday (English)	9:00am
Public Holiday (Tamil)	10:00am

## Parish Activities

<b>English</b>	- Our Lady of Lourdes Novena (Saturday)	5:30pm
	- Rosary Recitation (Weekdays)	11.55am
	Monday & Wednesday	5.55pm
	- Holy Hour with Benediction(1st Friday)	6.30pm followed by Mass 7.30pm
	- Sacred Heart Devotion	6.30pm followed by Mass (All other Fridays)
	- Divine Mercy (Tuesday)	5:45pm
	- Legion of Mary (Tuesdays)	7:30pm
	- Infant Jesus (Thursday)	5:45pm
	- Charismatic (Every Friday)	7:45pm
	- Legion of Mary (Sundays)	9.45am
<b>Tamil</b>	- Infant Jesus (Tuesday)	4:30pm
	- Divine Mercy (Friday)	5:45pm
	- OLPS Novena (Every Saturday)	8:30pm
	- Rosary & OLOL Devotion (Sunday)	8:30am
	- All Night Vigil (2nd Saturday)	9.30pm to 5.30am
<b>Indonesian</b>	- Karismatik Katolik Indonesia Holy Spirit (Thursday)	1.00pm
	KKIHS Youth Group (2nd & 4th Friday)	7.30pm
<b>Filipino</b>	- Filipino Christian Professionals	8.00pm (1st Friday Mass)
	- Light of Jesus Bible Sharing (Monday)	7.30pm

## Important Parish Information

**Wedding Arrangements** Church Wedding bookings must be made in advance. Please contact the Secretariat.

**Infant Baptism** Every 4th Sunday in English and every 3rd Sunday in Tamil @ 4.00pm. Register at the Parish Office.  
**Please provide photocopy of church marriage certificate of parents, birth certificate of infant and confirmation certificate of Godparents.**

**Mass Intentions** Please drop your Mass intention into the Box located outside the Parish Office **by 3pm on Wednesday** for the following week's intentions.

**Lourdes Prayer Hall** For bookings contact the Parish Office at 6294 0624

**Anointing** Make an appointment with a priest before planned admission to hospital.

**Holy Communion for the Homebound** Register with the Parish Office.

Kindly be aware of people who profess to pray over others in the Parish Grounds, and/or in your homes for the purpose of soliciting funds without the approval of the Archdiocese and Priests of the Parish.

The building project of Our Lady of Lourdes parish is at present under review, and its fund raising project is being put on hold until further notice by the Archdiocese.

## Church of Our Lady of Lourdes Feast Day Celebrations

### "Who is Jesus?"

**1st to 9th of February 2018**  
 Weekdays: Rosary at 6pm, Praise and Worship at 6.30pm & Mass at 7pm  
 Saturday: Rosary at 5.30pm & Mass at 6pm  
 Sunday: Mass at 7.30am, 11.30am & 1pm

**10th of February 2018**  
 Mass at 6pm followed by Procession.  
 Main Celebrant: Fr. Simon Pereira CSSR



## Chinatown in Little India

Ushering in the Lunar New Year

at  
 Church of Our Lady of Lourdes  
 50 Ophir Road, Singapore 188690

on  
**15 FEBRUARY 2018**  
 Thursday, at 11:00 pm

**16 FEBRUARY 2018**  
 Friday, at 9:00 am  
 Mass in English

## Lunar New Year Masses

**15 February 2018 Thursday at 11pm**  
**16 February 2018 Friday at 9am**

**Blessed oranges will be distributed at the Lunar New Year Masses.**

\*Stations of the Cross in English on the 16th of February will be at 6pm followed by Mass\*



## Lenten Information

### Ash Wednesday 14th of February 2018

Ash Wednesday begins the season of Lent. **It is a day of fast and abstinence.**  
 Times of Masses: 12.30pm (English), 6.30pm (English) and 8pm (Tamil)  
 Blessing and distribution of ashes at all masses. Kindly leave your old palms in the baskets near the entrance of the church before the 11th of February 2018.

During the Season of Lent, **Stations of the Cross** will take place at **12 noon** followed by Mass at 12.30pm and at **6pm** followed by Mass at 6.30pm

\* **Dispensation has been given to all Catholics from fast and abstinence from meat on Friday, 16 February 2018 in view of the festive season of Chinese New Year\***

## 1st Sunday's 2nd Collection

2nd Collection taken during Masses this weekend will be for the poor of St Vincent de Paul Society. Thank you for your kind donation.

**Family Life Society (FLS)** is looking for facilitators who are: 20 years and above; are comfortable to discuss sexuality with youths; and have some experience working with youths in any capacity. Come and join us in 'planting the seed' and 'spreading the good news' about the dignity of the person, beauty of chastity, authentic love and freedom. Be the salt and light in the battle to restore chastity and modesty in today's modern society. Please email us at education@familylife.sg with the subject title – I Am Made For More Facilitator to write in your interest by 15th February 2018.